

The Path to the Son

Spiritual Habits For Walking With Jesus

Pastor Toby Beck

November 17-18, 2018

Prayer: A Hunger For God

Matthew 6:16-18

1. What is fasting?

2. Is fasting commanded?

3. Why do people fast?

4. Why should I fast?
 - When you are

 - When you are

 - When you need

 - When you just want

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1. What is fasting?

Fasting is a voluntary denial of physical appetites for a spiritual purpose

2. Is fasting commanded?

Matthew 6:16-17

Leviticus 16:29-30

Hebrews 9:24-26

3. Why do people fast?

False fasting is driven by pride

True fasting is driven by hunger for God

4. Why should I fast?

- When you are turning from your sin
- When you are desperate for God's help
- When you need God's guidance
- When you just want more of God