

Psalms: The Language of Lament

Psalm 64

Form of a Lament:

- Opening Cry
- Description of Circumstances
- Request for God's intervention
- Statement of confidence in God
- Vow to give thanks when God saves

What is the language of Lament?

Speaking the language of Lament:

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When we learn the language of Lament:

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What is the language of Lament?

Prayerfully and confidently awaiting God's intervention.

Speaking the language of Lament:

- We should feel comforted knowing God wants to hear our laments.
- We should talk to God honestly about our suffering.
- We should ask God to save us and our world.
- We should tell stories about what God has done.
- We should praise God when he answers our prayers.
- We should remember who our God is.

When we learn the language of Lament:

- We learn to focus less on ourselves and more on who God is.
- We find joy.
- We learn to be better worshipers.